

WORK SHEET for Hypertonic Saline / Methacholine IOC document

Name of Athlete:					Country						
Testing Institution & City:											
Date of Test (dd/mm/yy):					Type of Challenge:						
Medical Officer Responsible for Report:							Phone No:				
Medical Officer Responsible for Athlete:							Photo ID Checked (Y/N):				
Childhood Asthma (Y/N):				Age of Onset:				Date of Birth (dd/mm/yy):			
Age (yrs):		Gender (M/F):		Race:			Height (cm):		Weight (kg):		
Make and Model of Spirometer used:											

Spirometry (BTPS)	Baseline Before challenge	% Predicted	Lowest value after challenge	Post Bronchodilator	% Predicted
FEV ₁ (L)					
FVC (L)					
FEV ₁ /VC %					
FEF ₂₅₋₇₅ (L/sec)					

Time of inhaling 4.5% NaCl Minutes	Methacholine (mg/ml, μmol, μg, mg or breath units)	FEV ₁ (L)	FVC (L)	% Fall in FEV ₁ from baseline
0.5				
1.0				
2.0				
4.0				
8.0				

Note the best value of two or three FEV₁ values with less than 5% variation is documented each time point. Other measurements are elective.

COMMENTS: