

Regional News – July, 2011.

LOC News

With the Canberra ASM only 9 months away, now is the time to be formulating poster ideas - we are hoping to be overwhelmed with high quality abstracts come the due date in November"

Regards,

Barbara

Barbara Dixon
Chair Organising Committee Canberra
2012 ASM.
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New South Wales / ACT

June was a productive month with the local NSW/ACT branch meeting held at Westmead Kids with the topic for the evening "Paediatric exercise testing". All three speakers (Anna Middleton, Brendan Kennedy, Dr Hiran Selvadurai) gave excellent insight into some of the extra factors to consider when testing children, as well as some of the strengths and weaknesses with different software distributed with manufacturers of exercise equipment. Again thanks to Carefusion for sponsoring the evening and also Brendan for hosting the evening.

It was also the night the LOC for Canberra 2012 met up to discuss next year's exciting conference to be held at the end of March - beginning of April. The team are doing a great job and we all look forward to seeing the fruits next year!

June also saw the last month of me acting as the regional chair; Catherine Walsh has decided to give more time to her new bub as you will read at the end of this report.

There was only one applicant for NSW/ACT deputy chair, and this will go to Clair Lake of RPA hospital.

I was the only applicant for NSW/ACT chair position, so am therefore starting July 2nd. We both look forward to a productive 2 year term.

The next meeting of the NSW/ACT branch will be held on August 23rd at St George Hospital and will be sponsored by Bird healthcare. More news to come in the following weeks.

And finally, a few words from the outgoing chair Catherine:

Hi Everyone,

It has been a while since I've seen you all, since my new "job" keeps me very busy 24/7!

I thoroughly enjoyed the time I spent as the NSW Regional Chair - the meetings were well attended with active discussion, and there was always a sponsor keen to support the Society.

Fortunately, in my absence, Phillip Munoz has been doing an excellent job organising the NSW meetings, and I



have no doubt that the support I received from members will also be given to him.

As the new constitution is now being introduced, requiring a further 2 year posting, I am retiring from the NSW Regional Chair position.

I look forward to seeing you all when I return from maternity leave,

Catherine (Walsh) Farrow

PS I've attached a recent pic of little James (now 7mths old), helping bring in the washing...

Until next time,

Phillip

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NSW/ACT Vice Regional Chair

New Zealand

Hi all,

It's been a quiet month here on the respiratory front. The NZ prison system has decided to go smokefree from next month, inmates have already attempted to smoke their new nicotine patches which apparently did not surprise staff, since all manner of items are routinely rolled and smoked by bored inmates. The inside word is that a packet of cigarettes is set to hit \$300 on the prison black market!

The regional chair election went well, and the status quo remains with Elisha White from Auckland as vice-chair, and myself as chair. Elisha can be contacted on: elisha@nzrsi.health.nz.

Finally, among a host of great speakers, we are excited to have Solomon Theodore presenting new research data at the upcoming NZ Annual Scientific Meeting in Queenstown. His work has contributed to the hypothesis that airway smooth muscle can be relaxed using vibrations. "The aim of this research is to identify which processes in airway smooth muscle are responsible for the relaxation, and to determine the amount of force reduction caused by vibrations in the range between 0 and 100 Hz". You can hear more about this ground breaking research in Queenstown, August 25th-26th, 2011!

Other physiology topics to be presented include an online spirometry audit, exercise protocol selection, the hypoxic inhalation challenge, the effect of salbutamol on DLCO and physiology outreach clinics in the far North. Joint TSANZ/ANZSRS symposiums on the Friday include sleep and the upper airway, and COPD and lung cancer. It's also a great opportunity for fantastic skiing, boarding or sightseeing in the winter wonderland...

New Zealand Annual Scientific Meeting Queenstown 25-26th August 2011



Featuring discussion & new research surrounding the theme:
"Airwaves and Airways"

Online spirometry
Exercise protocol selection
The hypoxic inhalation challenge
The effect of Salbutamol on DLCO
Physiology outreach clinics in the far North
Vibration induced relaxation of airway smooth muscle

Go to: www.anzsrs.org.au for more details and to register

Cheers,
Hamish

Hamish Collie
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QUEENSLAND

Wednesday 22nd June saw part 2 in our bronchoscopy series, which I must say, was excellent! Dr Ian Brown from The Wesley gave around 20 members a 1 hour presentation on the ins and outs (mainly ins!) of the lung procedure. He had pictures, videos, and had many stories to tell. He even jumped on YouTube! I don't know what his Twitter name is though! There were plenty of questions from the floor and Ian was only too happy to answer them. I am sure everyone who attended got plenty out of his presentation. It was a great way to end our bronchoscopy series!

It was also a great way to end my 2 year term as your regional chair. What a beautiful segue! Yes, I have handed on my baton to Mark Davis (RBWH). As of July 1st, Mark will be Queensland's new regional chair for 2 years. I suggest you all (Australia and NZ wide) send him another email to make him feel welcome! I know he will do a great job. I know this for many reasons, with the main one being I will be his vice-regional chair for his first year! After his first year, I will leave and make way for a new vice-chair to step in, learn the ropes and eventually step up into the regional chair position. So never fear, I am not completely gone, just yet....

I would like to take this time to publicly thank Debbie Zagami (GCH) for being my vice-regional chair during 2 years. Debbie, as you would all know, is a very active member in the ANZSRS both locally and nationally. She has guided me over the past two years and her help has been invaluable. So what happens to Debbie now? Debbie has stepped down from the vice-regional chair position and will focus her ANZSRS efforts on the board, which she is currently a member of. Send Debbie another email and thank her for all her work not only during my term, but during Andrew Coates' (Mater) term also. Thanks Debbie!

Back to our branch meeting. Our second speaker for the evening was scheduled to be John Serginson from Caboolture hospital but due to time we have moved that talk to our August meeting. That is a relief to Andrew Southwell (Redcliffe) who was to step in to present John's talk because of a slight mix up of dates and times. All is good, we'll catch that talk in August!

Other house keeping matters raised included the TSQ Winter meeting scheduled for late July, the TSQ physiology day and the TSQ ASM. For further details, visit www.tsq.asn.au

The NZ branch are holding their ASM in late August. It seems to be a very interesting schedule, not to mention it is being held in Queenstown. As I check their weather, its 3 degrees at the moment! Yay, cold fingers! Check out the ANZSRS website for more details.

We welcomed a new member to our branch this meeting. Kiara Scip is working at the Mater with Andrew. Welcome Kiara!

Andrew Coates raised the possibility of starting an interlab bioQC for TLCO/DLCO/kCO is more important/lets have an argument/we've heard it all before!! Most members at the meeting were happy for it to proceed. The details are slim at the moment, but if anyone is interested in being a part of it, please email Mark (your new regional chair!), myself or Andrew.

Finally, do you all know the QLD branch has a movie star! Oh yes we do! He is so talented that we have made him our new regional chair! Mark Davis, for those who don't know, is an avid performer! Wednesday night saw some of his talents highlighted to members. Mark did a day of filming for a QLD Health spirometry training course where he showed his fantastic calibration technique (it is something to see!), patient interaction and his ease at being in front of a camera! Well done Mark! If you'd like to check YouTube..... don't check YouTube, I wouldn't do that to you Mark!

I'd like to say thank you to everyone who has supported me over the past two years. Thank you for turning up to the meetings, comforting me through my slide down the footy tipping ladder and laughing at my terrible jokes. I have really had a great time being your regional chair! I would like to suggest to those thinking about moving into a regional chair position, do it! You will gain a great amount of experience in many aspects, meet new people and be active in your society!

In the words of Theodor.....don't cry because it's over, smile because it happened!

Jarrold

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South Australia

Nothing received.

Mel

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Victoria / Tasmania

Nothing received

Matthew

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Western Australia

Hello ANZSRS'

We seem to have been busy this month so, with a lot to get through here goes:

Firstly, we would like to announce that our chair and vice chair have been interrogated, initiated and have been thrust into branch rep life (again.....)- Elizabeth Salamon as regional chair and Christine Nathan as regional Vice chair for WA.

We held a branch meeting at Royal Perth Hospital in the Pathology seminar room on Wednesday 15th June, where Dr Cecily Metcalf presented:

"A miscellany of lung pathologies and their investigations"

She covered UIP, emphysema, bronchiectasis, lung cancer and pneumonia (to name a few) and routine investigations such as core biopsies, CT guided FNA, bronchial biopsies, washings, brushings, and video-assisted wedge biopsy. We also learnt about the methodologies used to fix samples and slide preparation. Her enthusiasm and use of pathology slides and cadaver specimen photos made for a fabulous talk.

Dates for your diary

The next branch meeting will be held at Sir Charles Gairdner Hospital Respiratory Library:

Thursday 18th August.

Details will be distributed closer to the date.

This year's WA ANZSRS/TSANZ ASM will be held in Mandurah on the weekend:

22nd/23rd October.

The theme is "*Inflammation and remodelling in respiratory disease*".

Bird Healthcare and Care Fusion will be the ANZSRS silver sponsors for this event.

The weekend ASM will be followed by the ANZSRS Respiratory Symposium on Monday:

24th October

This year's theme is "*Oxygen: The good, the bad and the ugly*". Afternoon tea will again be sponsored by Niche Medical.

Ascencia are sponsoring the visiting scientist grant this year, and we are very pleased to announce

Brigitte Borg

as the 2011 invited speaker. We are- looking forward to your visit Brigitte!

Other News

We are happy to report that our branch is expanding rapidly: Welcome to our newest members Thao Nguyen, John Mclachlan, and Myra Estojero.

The Respiratory Medicine Department at Royal Perth Hospital had been feeling a little empty without Elise with us in recent months, so we were very pleased (relieved!) for our newest staff member Terese to start this week. Welcome on board Terese!

Until next time,

E & C

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Elizabeth Salamon, BSc CRFS & Christine Nathan CRFS

WA Regional & Vice Regional Representatives ANZSRS WA

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ANZSRS important dates

2011

July	31	APSR abstracts due
August	18	WA branch meeting, Sir Charles Gairdner Hospital
	23	NSW/ACT branch meeting - St George Hospital
	24	QLD branch meeting
	25-26	NZ Annual Scientific Meeting - Queenstown
September		
October	19	QLD branch meeting
	20	NSW/ACT branch meeting - Royal Prince Alfred Hospital
	22 - 23	WA joint TSANZ/ANZSRS meeting - Mandurah
	24	WA Respiratory Symposium
	28	Application due for CRFS Exam
November	23	WA branch meeting
	25	CRFS Exam
December	9	NSW/ACT - Christmas Dinner

International Meetings in 2011

ERS: Amsterdam: Sept 24-28
 ASTA: Sydney: Oct 27 -29
 APSR: Shanghai: Nov 3-6
 AARC: Tampa: Nov 5-8