

Branch News – August, 2009.

Executive Musings.....

Hi all,

hope you are all coping with the increased winter workload and swine flu. Not long now until spring and hopefully some relief..... until the pollen season starts!

The Executive have been working closely with the Board on Governance issues that require the rewrite, of and the vote of the membership on the proposed changes. We hope to be able to provide the necessary information to all members by November. The web-site will be used as an information repository and we encourage you to access the information already there on governance so that you are ready for the next instalment which is coming this month.

We have also been working with the Local Organising Committee for the 30th ANZSRS Annual Scientific Meeting and TSANZ to try to ensure the optimal format for registration and flexibility of program content. This process occurs every year but the ease with which negotiations progress varies with a whole range of factors. We have already flagged this as an issue with the TSANZ Executive and will follow up with a suggested standardised process that helps to facilitate good communication and provides a timeline for key activities. Brenton, who is chairing this committee, has been doing a great job and a face to face meeting between ANZSRS, TSANZ and Festival City Conventions representatives was held last week in Brisbane.

The program, slides and presenters for the Respiratory Physiology Roadshow in Hong Kong are organised and progressing well.

Please feel free to make contact with any of the Executive team if you have suggestions and/or issues of relevance to ANZSRS.

Cheers,

Danny, Leigh, and Debbie

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Board Happenings

Many of the issues the Board has been considering in recent weeks have been of an on-going nature and referred to in recent Board updates. We have received feedback from the Governance Subcommittee regarding the 2nd draft of their new terms of reference and should be finalizing these this week. This will most likely be the final term for the Governance Subcommittee in its current format, and we look forward to working with them to bring the constitutional changes and by-laws to completion.

We're also initiating a review of all society committees, including their make-ups, roles, and best models of interaction with the Board, the Society at large, and each other. The aim is to

maximize the benefit of the contributions of all committee members , avoid unnecessary duplication of effort, and generally enhance society governance.

Associated with this review is the formalization of a Document Control System (DCS) for all ANZSRS documents that will allow for standardized presentation and record keeping of documentation relating to committee terms of reference. It is envisaged that the DCS will form the basis for the ongoing recording of all ANZSRS documentation, and will be accessible to all members through the ANZSRS website.

And finally, to reiterate the statement from the last Board update, we would welcome any feedback from you, the membership, in relation to these, or any other issues you think are of importance to the Society. The more involvement from everyone, the stronger the Society will be!

Mike

Mike Brown
Chair, ANZSRS Board
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Annual Scientific Meeting News

Notice is served that the next Society ASM is Brisbane from 19th -24th March 2010. This is a preliminary call for abstracts although a closing date has not yet been finalized. Watch this space!

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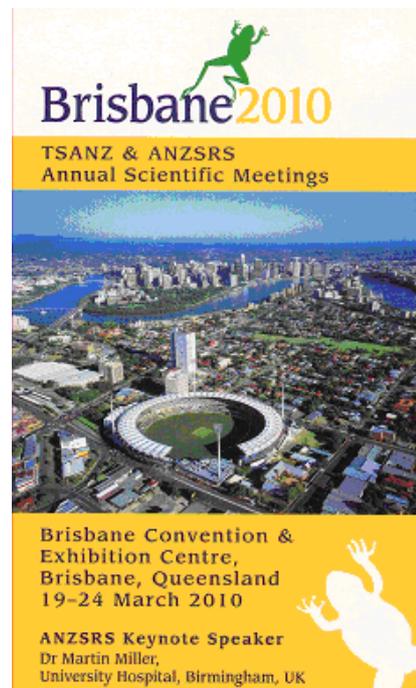
New South Wales / ACT

Hi All

Hope that members are fighting fit, and thoroughly enjoying the cloud-free sunny skies! Mid-winter in Sydney, what a beautiful place to be– really can't complain.

Hope by now you've received your invitation from NicheMedical regarding the night in Sydney they are hosting to launch their 'EasyOne Pro- the new standard in DLCO'. Sure to be interesting, with Assoc Prof David Johns facilitating the meeting, with 2 key presenters Prof Robert Jensen from the USA and respiratory scientist Mr Bill Smith travelling over from Fremantle Hospital WA, and not to forget a product demo. Make sure to RSVP by 11th as requested, and of course make contact with either myself or Craig Abud if need be.

As Wednesday 19th August draws ever closer with just over two and a bit weeks now, looking very much forward to catching up with all members at our next branch



meeting at Sydney Children's Hospital, Randwick as mentioned in last months news (hope your diary is free!). I'll be sending out the email flyer to all members ASAP, so please let me know if nothing comes your way- changes have been made to member details and hence anticipating a few minor teething issues.....

Again it's another brief news update, with limited contact made, probably as we all go about our business trying not to get swine flu! Hopefully following on from our gathering it may help to lead on and generate a bit of a spark of activity!

Till then my best regards,

Dana

Dana Watson
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New Zealand

Kia ora koutou

Another month has passed, the weather is improving and the All Blacks found some sort of form against the Wallabies (even if it was a touch of a whistle blowing match) only to lose it again in South Africa. As our PM said, "As long as they win the next world cup it will all be ok!"

It has also been a month in which the earth moved for the NZ branch with the largest Earthquake of the year occurring just off the West Coast in the magnificent Fiordland area.

Southland shaking

Nicky from Invercargill was pleased to report that there was no damage to the lab during the large earthquake and they were not shaken off the end of the island. Nicky said it was a heart stopping moment with the earthquake feeling like it went on for ages, although most people have not noticed the after-shocks.

Arrivals

In amongst all the shaking down south we are pleased to report that Dale Gwynne is now the proud mother to a wee boy named Alex. Congratulations to Dale and hopefully the aftershocks help rock Alex to sleep☺.

New appointments

Middlemore hospital has a new trainee in the Respiratory laboratory. Melissa Kenyon has started there and we look forward to welcoming her into the ANZSRS family.

Registration

Just a reminder to all members in NZ that voluntary registration as a registered practitioner is still occurring through the Clinical Physiologists Registration Board (CPRB). Once the review of the HPCA act occurs it is likely that Clinical Physiologists will require registration. More information can be found at <http://www.sct.org.nz/registration.htm>. I would like to thank Maureen Swanney and David Robiony-Rogers for their hard work on the CPRB.

Branch Meeting

As the NZ branch have already heard our branch meeting is being held on **Friday October 30**, the location is still being finalised but I will let you know as soon as possible. After the success of last year's meeting I hope to see many NZ members there.

Well that is all from the NZ branch this month

Hei konā mai

Chris

Christopher O'Dea

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Queensland

The forthcoming Branch meeting to be held on August 19th has been cancelled. Debbie was to present her work on reference value selection but unfortunately hurt her foot badly. We wish you a speedy recovery Debbie. With the Niche Medical launch of the EasyOne Pro on in the same week, it was easier to cancel. One other branch meeting is planned for this year, being 21st October, and an end-of-year dinner yet to be finalised.

Some of us attended the TSANZ Qld Winter Meeting at O'Reilly's Green Mountain on July 18-19 which centred on connective tissue respiratory disorders and their treatment. It was all very interesting and often entertaining. And what a beautiful place to have a meeting, great food, staff, happy hour, and great for our families! And no one got lost or came to grief in the rainforest. Something newsworthy from the meeting is that the 6MWD is probably not the best test for assessing respiratory limitation in Scleroderma patients. They usually suffer a constriction/ tightness of the shoulder girdle which limits their ability to walk quickly. And also Methotrexate Lung probably has a lower incidence than 0.1% of patients treated with this most effective treatment.

We have good feedback from our far-flung members on the DVD recordings of our meetings. This is proving to be a worthwhile means of communication and education-sharing for our wide-spread membership, and we'll keep it up. It does mean though that if you are presenting you will be recorded! We are also working on the sound quality so it should get better soon hopefully!

Lab Profile:

The Mater Children's Hospital, Brisbane, Lung Function Laboratory

Our Lab profile for this month is Andrew and Alison's Lab at the Mater Children's Hospital in South Brisbane. The Mater Health Services, Brisbane, are a network of seven hospitals, built up over 100 years, with 7500 staff attending 500,000 patients a year. The Lung Function Lab is staffed by two scientists, and provides a range of tests for both the children of the Children's Hospital and the adults from the adjacent Adult and Mother's Hospitals. We support two respiratory teams of paediatricians and adult physicians and their nurses, providing the usual Spirometry, gas transfer, and static lung volumes, Aridol, exercise, and eucapnic voluntary hyperventilation bronchial challenges, skin prick testing, high altitude simulation, cardiopulmonary exercise testing on an Ergoline 800s bike or a Marquette 2000 treadmill, PImax and PEmax and more recently SNIP. Last year, we commissioned our Medisoft Lab

systems which includes a Spiro'Air rolling seal spirometer, 980L and 480L 5500 Body Boxes, and a Medisoft Ergocard complete with NEP capability, nitrogen washout, and a MasimoSet Radical pulse oximeter. We were very pleased this year to achieve HL7 exportation of our numeric lung function results to our hospital networked clinical results platform (Kestral PLS).

We hope to gain at least paediatric lab accreditation later this year, and we are in a state-of-planning with the planned amalgamation of the two Children's Hospitals to this campus in 2014. Building works just down the road here have started already. Our Laboratory is closely aligned to the Queensland Paediatric Sleep Disorders Unit of the Mater Children's.

We are a tertiary referral centre for children across Queensland and Northern NSW.

This picture shows Alison with the plethysmography systems.



Keeping you informed...

Your rep,

Andrew Coates
ably assisted by **Debbie Zagami**

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South Australia

The next branch meeting will be held on Monday 7th September. Alan Crockett will be discussing some interesting issues based on recently collected spirometry data from the SA Metropolitan Fire fighters.

Hope to see you there; it would be great if we can continue to have as many people attend as we have at previous meetings this year. Please bring along any issues to discuss.

Michelle

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Victoria / Tasmania

The year is quickly slipping away from us and we are not far away from the point where we need to be thinking about getting our abstracts sorted for next years meeting in Brisbane.

We are in the process of organising our next branch meeting which is scheduled for the 1st of September and will be held at Box Hill Hospital. We are also organising a joint ANZSRS/TSANZ meeting for the 24th of October, which will provide a fantastic opportunity for anyone wanting to present their work in front of a more diverse audience. The meeting itself is being co-ordinated by the TSANZ and they are very keen to have ANZSRS members attend and present at the meeting.

Look forward to seeing all the Vic members on September 1st.

Until next time

Faizel

Faizel Hartley, CRFS
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Western Australia

July has come and gone in a flash bringing with it rain and one of Perth's coldest winters. Still that did not deter 16 branch members from attending the first ANZSRS-WA branch meeting to be held at Hollywood Hospital. Thanks to Bashi for his great effort in ensuring that all went smoothly and we look forward to Hollywood Hospital being part of the bimonthly meeting rotation. More about the meeting later on as we would like to introduce the respiratory team from our major paediatric hospital: Princess Margaret Hospital

Lab Profile

Princess Margaret Hospital for Children - Respiratory Lab
www.pmh.health.wa.gov.au

The Respiratory Lab at PMH is the only tertiary paediatric laboratory in Western Australia... meaning we have a monopoly on our service population. Currently we have a team that includes Graham Hall, Maureen Verheggen, Jan Oostryck, Claire Shackleton and Jeanette

Langley. Karla has moved on from clinical work to start her PhD and we will be welcoming Vaska Stavreska back from maternity leave in mid-August and saying goodbye to Jeanette who has very ably covered the gap left by Vaska.

We offer the usual range of clinical tests, with an additional focus on preschool testing using the forced oscillation technique. More recently we have been involved in developing a short-term home oxygen service in conjunction with the ambulatory care nursing team to facilitate the early discharge of infants with bronchiolitis. This program is unique in Australia and was a finalist in the 2008 WA Health awards. The nomination was a deserving recognition for all the hard work by the team in particular Maureen and Claire.

The lab is also involved in a range of research programs both assisting in physiological assessments and also clinical respiratory service delivery research including fitness to fly in infants and use of spacers in asthmatic children.

The PMH Resp Lab Team
From left to right:
Claire, The piglet home O2 trolley, Karla (now doing her PhD), Maureen, Rebecca (now doing medicine) and Graham. Absent: Jan

(who was tripping around Europe and Jamaica), Vaska (at home with Oliver) and Jeanette (who was yet to start with us)



July Branch meeting

Clinical Presentation

Associate Professor Alan James presented a summary of the latest findings on Exercise Induced Bronchoconstriction, Exercised Induced Asthma and airway damage.

His presentation highlighted the following findings:

- Exercise induced symptoms may have more than one cause:
 - Airway injury (related to activity duration, air temperature, and exposures such as chlorine)
 - Allergy
 - Asthma
 - AHR, (airway hyper-responsiveness) inflammation, remodelling
- AHR in Elite Athletes:
 - Consider causes
 - Sensitivity to provoking agents may differ in different groups of athletes with symptoms
 - Endurance athletes may be more sensitive to methacholine

- Symptomatic athlete with no AHR
- Asymptomatic athletes with AHR

Theories about various phenotypes of asthma are now being explored for example eosinophilic vs neutrophilic asthma.

ACOSH

Legislation for 'Smoke free alfresco dining' and 'Smoke free cars with kids' is in progress.

News around Town

Jo McLaren is off on her European adventure in the next 2 weeks. We wish her well in her travels.

Diary reminders

2nd September 2009	Branch Meeting	PMH
12 th - 16 th September 2009	ERS	Vienna, Austria
17 th - 18 th October 2009	WA TSANZ/ANZSRS ASM	Mandurah, WA
19 th October 2009	Respiratory Symposium 13:30 -17:00	Perth,WA
14 - 18 November 2009	APSR 14 th Congress	Seoul,Korea
19 - 24 March 2010	TSANZ/ANZSRS ASM	Brisbane,QLD
1 st - 6 th April 2011	ANZSRS/TSANZ ASM	Perth, WA

Sina and Sharon

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 Sharon Lagan BSc,CRFS
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Governance & Vision Sub-committee Report

We have received a second draft of the TOR document from the Board. This has been reviewed and sent back to the Board for comment. We are expecting to have a final document shortly. In the meantime, we have commenced work on the by-laws required for the new constitution, if accepted, to be functional.

The proposed constitution has been designed to provide the basic rules and structure of the Society in a simple and straight forward way. The by-laws, read in conjunction with the constitution, provide more detail with respect to the rules and structure. This is the approach generally followed in companies.

For example: Clause 3 of the proposed constitution relates to Membership. It outlines that there are two classes of membership - voting and non-voting, and outlines the categories of the two classes; voting - ordinary, associate and life members; non-voting - sustaining (to become corporate) & honorary, but provides no detail for each category's definition. The associated by-law defines each category of membership in detail including things like qualifications required, experience required, accomplishments, etc. Structuring the constitution and by-laws in this way will allow greater flexibility and responsiveness in the Society as situations change.

The Governance committee will be drafting by-laws, at the request of the Board, on the following topics over the next month or so:

- Membership categories
- Membership fees
- Regions of the Society.

The Board and the Governance Committee also welcome Kevin Gain as the new member of the Committee following the resignations of David Robiony-Rogers and Paul Guy from the Board last month.

Until next month,

Brigitte

Brigitte Borg
Chair, Governance and Vision Subcommittee
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